



Pennsylvania
Association for
Sustainable Agriculture

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NEWS RELEASE

FOR IMMEDIATE RELEASE

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Commissioners Agree, Local is Delicious!

Local Foods Week Declared by Centre County Commissioners

MILLHEIM, PA. [July 20] Every day there are more stories about how local food is good for you, your family and the local economy. The Centre County Commissioners have recognized this fact since 2004 with the 7th annual declaration of Local Foods Week, a weeklong celebration showcasing local farmers, markets and restaurants that support our regional food system, being held this year from August 1st through 7th.

During Local Foods Week, area farmers markets host special activities like chef demos and live music. Area restaurants highlight local items on the menu and people are encouraged to eat at those establishments. The week culminates with the 5th Annual Farm Tour, a day when nineteen area farms open their gates to the public for tours, tastings, and more.

“It really is a special week, and it ends with a unique day. Most of these farms aren’t normally open to the public so you only get a chance to meet the cows that make your milk and see where your food is grown in person,” says Brian Snyder, PASA’s Executive Director. “We’re really proud to work with our members to share this event and show people where their food comes from.”

Last year, the Farm Tour resulted in almost 3000 visits by individuals to area farms, and this year’s event is expected to result in well over that number.

Local Foods Week is a project of Centre County Buy Fresh Buy Local® campaign and the Pennsylvania Association for Sustainable Agriculture. The full schedule for the week and information on the Farm Tour is available at www.pasafarming.org/resources/featured-pasa-events.

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About PASA

With nearly 6,000 members, the Pennsylvania Association for Sustainable Agriculture (PASA) is one of the largest and most active sustainable agriculture organizations in the U.S. Through business support and regional marketing assistance for farmers, advocacy and public education, PASA seeks to promote profitable farms that produce healthy food for all people while respecting the natural environment. PASA coordinates the Pennsylvania Buy Fresh Buy Local® campaign. For more information, visit www.pasafarming.org and <http://www.buylocalpa.org>.